



Train for the Moments that Matter

Organizations that choose the American Red Cross for their education and training programs get outstanding, flexible training programs that meet their needs. Every year, the Red Cross provides resuscitation and preparedness training to more than 4.6 million people. You can be confident that Red Cross courses align with the latest evidence-based science, backed by our Scientific Advisory Council.

With the Red Cross, you get a complete selection of training services and materials to create the right program for your organization. You also get the personal service and attention that only the Red Cross can provide.



Public Safety Two-Year Certification Courses

Bloodborne Pathogens (one-year certification)
CPR/AED for Professional Rescuers
CPR/AED (adult/pediatric or adult only)
First Aid (adult/pediatric or adult only)
First Aid/CPR/AED (adult/pediatric or adult only)
First Aid for Severe Trauma

Optional Skill Boosts

- Anaphylaxis and Epinephrine Auto-Injector Administration
- Asthma and Quick-Relief Medication Administration
- Life-Threatening Bleeding and Tourniquet Application
- Opioid Overdose and Naloxone Administration
- Head, Neck, Muscle, Bone and Joint Injuries and Splinting



Healthcare Two-Year Certification Courses

Advanced Life Support (ALS)
Basic Life Support (BLS)
Pediatric Advanced Life Support (PALS)

Curriculum Programs

- Emergency Medical Response
- Responding to Emergencies



Aquatics Two-Year Certification Courses

Basic Water Rescue (three-year certification)
Lifeguard Management
Lifeguarding

- Lifeguarding
- Shallow Water Lifeguarding
- Waterfront Lifeguarding

- Waterpark Lifeguarding
- Aquatic Attraction Lifeguarding
- Safety Training for Swim Coaches